I Said I will looke to my wayes



- 2. As with a bit I will keep fast, my mouth with force and might: Not once to whisper all the while, the wicked are in sight.
- 3. I held my tongue and spake no word, but kept me close and still:Yea, from good talk I did refrain, but sore against my will.4. My heart waxed hot within my breast, with musing thought and doubt:Which did increase and stir the fire, at last these words brassed out.
- Lord number out my life and days, which yet I have not past:
 So that I may be certified, how long my life shall last.

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- 6. Lord thou hast pointed out my life in length much like a span: Mine age is nothing unto thee, so vain is every man.
- 7. Man walketh like a shade, and doth in vain himself annoy,
 In getting goods, and cannot tell who shall the same enjoy.
 8. Now Lord sith things this wise do frame, what help do I desire?
 Of truth my help doth hang on thee,
 I nothing else require.

The Second part.

9. From all the sins that I have done, Lord quit me out of hand: And make me not a scorn to fools, that nothing understand.

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10. I was as dumb, and to complain no trouble might me move: Because I know it was thy work, my patience for to prove.

so vain a thing is man.

- 11. Lord take from me thy scourge and plague, I can them not withstand:I faint and pine away for fear, of thy most heavy hand.12. When thou for sin dost man rebuke he waxeth woe and wan:As doth a cloth that Moths have fret,
- 13. Lord hear my suit and give good heed, regard my tears that fall:
 I sojourn like a stranger here, as did my fathers all.
 14. O spare a little, give me space, my strength for to restore:
 Before I go away from hence, and shall be seen no more.

Critical notes:

Cantus bar 6/note 5: there is no # in the original, but it is in the similar settings of Psalms 118, 149 & 'A Thanksgiving'; This setting is similar to the one of Palms 75, 92, 99, 118, 149 & 'A Thanksgiving' from the same book; text somewhat modernised.