

This rhythm chant may be used in an early childhood music instruction setting. The teacher should be sitting in good proximity of children on the floor with enough space to move expressively. The teacher should chant the above rhythm on the syllable "bah". In bars 1 - 8 the teacher should pulse her hands to the quarter note beat while simultaneously moving her hands in continuous stustained movement. In bars 9 - 11 the teacher should dramatically raise her hands (above her head) on the three accented quarter notes, and likewise lower her hands on the subsequent sixteenth notes. In bars 12 and 13 the teacher should raise her hands (above her head) and gradually move her hands down to the floor while wiggling her fingers. If possible, the teacher should trill her tongue during this rhythmic gesture.

The teacher should encourage the children to imitate the above rhythm in part or whole, depending upon the experience and musical aptitude of the individual young children. It should be noted that the teacher should never discourage inaccurate rhythm chanted by young children. The teacher should encourage any expressive rhythmic response.